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Dear Parent / Guardian.

I am delighted to let you know that your child will be participating this year in the FUSE Post-Primary Anti-Bullying and Online Safety Programme, developed by the Anti-Bullying Centre (ABC) at Dublin City University.

This is a wonderful opportunity for our school to partner with the Anti-Bullying Centre, DCU. The Centre hosts the UNESCO Chair on bullying and cyberbullying and the Irish Research Observatory on Cyberbullying, Cyberhate and Online Harassment.

The FUSE programme is supported by Facebook, Rethink Ireland and the Department of Education - it is the first research based Anti-Bullying and Online Safety programme in Ireland and is founded on over 20 years of research and is proving highly successful in improving the self-efficacy of children and adolescents in relation to tackling bullying and online safety issues.

It is designed to support the wider SPHE/RSE/Wellbeing curricula in schools. At the heart of the FUSE programme is the aim of building capacity in schools themselves to tackle bullying and online safety issues and to empower children and adolescents to understand their own behaviour, be able to recognise bullying and online safety risks and be confident in how to report and seek support when they need it.

The FUSE programme consists of four mandatory workshops namely:

- 1. Bullying and the Importance of Noticing
- 2. Cyberbullying and the Importance of Noticing
- 3. Online Safety Privacy and Sharing Online
- 4. Online Safety Cyber Security Awareness

There are further optional workshops offered within the programme on key hot topics such as "Image Sharing", "Reflecting on Social Media", "Bystanders and Responsibility" and "Student Voice in the School Anti-Bullying Policy" amongst others which we may visit if class time allows.

The aim of the programme is to increase the confidence of children in Noticing, Responding and Reporting bullying and online safety issues.

FUSE will connect school staff, parents and children in open discussion so that together we can create initiatives in our school and community to tackle bullying and promote online safety.



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What FUSE asks in return

Following completion of the programme, FUSE will provide an anonymised, online student evaluation survey which we will send to you for your consent in advance of completing the survey with your child.

We recommend that you provide your consent (at your discretion) and encourage your child thereafter to complete the survey.

The responses will allow the FUSE Programme researchers to measure the self-efficacy of the participants in tackling bullying thus validating the programme and contributing to tackling bullying both nationally and internationally.

We hope that your child will enjoy and benefit from their participation in this valuable programme.

Thank you for your support in this regard.

Signed: Teacher / School Principal

